## CLAIMS

- 1. An ultrafine ground tea dispersion characterized by being produced by grinding a tea raw material, subjecting the obtained powdered tea to further fine grinding, and removing most of the particles of 1  $\mu$ m or more in diameter.
- 2. A food or beverage, wherein the ultrafine ground tea dispersion according to claim 1 is blended.

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3. A beverage characterized by being produced by grinding a tea raw material, subjecting the obtained powdered tea to further fine grinding, blending the tea with a beverage, and removing most of the particles of 1  $\mu$ m or more in diameter.

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4. A tea beverage characterized by being produced by grinding a tea raw material, subjecting the obtained powdered tea to further fine grinding, blending the tea with a tea extract, and removing most of the particles of 1  $\mu$ m or more in diameter.

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5. A method for producing an ultrafine ground tea dispersion, which comprises grinding a tea raw material, subjecting the obtained powdered tea to ultrafine grinding, and removing most of the particles of 1  $\mu m$  or more in diameter.

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6. A method for producing an ultrafine ground tea dispersion, which comprises grinding a tea raw material, subjecting the obtained powdered tea to fine grinding with the use of a high pressure homogenizer, and removing most of the particles of 1

µm or more in diameter.

- 7. The method for producing an ultrafine ground tea dispersion according to claim 5 or claim 6, wherein most of the particles
  5 of 1 µm or more in diameter are removed by means of centrifugation.
  - 8. A method for producing a food or beverage, which comprises blending the ultrafine ground tea dispersion according to claim 1 with a food or beverage.
    - 9. A method for producing a beverage, which comprises grinding a tea raw material, subjecting the obtained powdered tea to further fine grinding, blending the tea with a beverage, and removing most of the particles of 1  $\mu$ m or more in diameter.
    - 10. A method for producing a tea beverage, which comprises grinding a tea raw material, subjecting the obtained powdered tea to further fine grinding, blending the tea with a tea extract, and removing most of the particles of 1  $\mu$ m or more in diameter.
    - 11. A method for producing a tea beverage, which comprises blending the ultrafine ground tea dispersion according to claim 1 with a tea extract.

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- 12. A tea beverage produced by the method according to claim 11.
- 13. The tea beverage according to claim 12, which has a turbidity

(absorbance at 680 nm) of 0.05 to 0.15.